

Meditation Course

.. a transforming and insightful Course that allows you to come back to your power of self-discovery ..

Are you looking to meet and interact with your Guides?
Are you looking to awaken your third eye?
Are you looking to expand your intuitive skills?
Are you looking to re-connect with past life experiences?
Are you looking to explore the purpose of your journey this life?

Over 4 weeks, within an intimate group, you will be guided through numerous insightful meditations which will allow you the freedom to explore and discover your spiritual journey.

This group work is ideal for beginners or those who are wanting to further develop their connection to spirit and their Higher Selves.

Facilitated by the gifted spiritual healer & clairvoyant reader, Sarah K Jones, this Course will facilitate change in many areas of your life, including your own gifts of intuition.

The 2009 Meditation Courses will begin :

Monday 9 March

Monday 13 April

Monday 18 May

Monday 22nd June

Monday 27 July

Monday 31 August

Monday 5 October

[Every week for 4 weeks]

7.30pm – 9.30pm

Cost : \$65 per week -or-

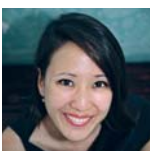
\$220 upfront on first night [10% off]

Held @ Prana House

Level 1 / 885 High Street, Thornbury

For bookings or enquiries call Sarah on **0410 75 44 11**
or email sarah@lotustemple.com.au

www.sarahkjones.com.au



Sarah K Jones is a gifted spiritual healer and clairvoyant reader at Prana House. Sarah is a profound and remarkable clairvoyant with the ability to inspire. Sarah conducts one-on-one treatments and also facilitates numerous workshops with the aim to evoke an awakening to one's true essence.