

Empower and Awaken Chakra Course

.. a journey of self discovery for women ..

Bringing deeper awareness of yourself as a woman and as a soul, this profound course will allow you to connect to the intrinsic nature of your being. Journeying through each chakra every month and wrapping up with a powerful integration in the eighth month, this course augers transformation, empowerment and awakening of the Self.

You will gain a greater understanding of your inner workings as well as your breadth of potential. This is a truly empowering course which will alter the way you perceive yourself, others and your place in this world.

Monday course

Base Chakra - 5 April
Sacral Chakra - 3 May
Solar Plexis Chakra - 31 May
Heart Chakra - 28 June
Throat Chakra - 26 July
Third Eye Chakra - 23 August
Crown Chakra - 20 Sept
Integration - 18 October

Thursday course

Base Chakra - 8 April
Sacral Chakra - 6 May
Solar Plexis Chakra - 3 June
Heart Chakra - 1 July
Throat Chakra - 29 July
Third Eye Chakra - 26 August
Crown Chakra - 23 Sept
Integration - 21 October

Time : 7.30pm - 10pm

Where : Heidelberg residence, address provided upon booking

Cost : \$95* every month - or - \$690* upfront on first night

\$100 deposit required to secure place

*Cost includes all materials, crystals, booklets, refreshments.

EFTpos and credit card facilities available.

Each course is limited to 6 attendees, so please book early!

For bookings or enquiries call Sarah on 0410 75 44 11
or email sarah@lotustemple.com.au

www.sarahkjones.com.au



Sarah K Jones is a gifted spiritual healer and clairvoyant reader based in Melbourne. Sarah is a profound and remarkable clairvoyant with the ability to inspire. Sarah conducts one-on-one treatments and also facilitates numerous workshops with the aim to evoke an awakening to one's true essence.